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Abstract: Despite criticism that solar cooking is "a solution looking for a problem", solar cooking does present an interesting solution to the world's problem of dwindling fuelwood sources and other environmental problems associated with energy demand for cooking. Experiments with solar cooking started as early as the 1700's in Europe and 1885 in South Africa. Some solar cooking activities took place during the 1970's and 80's in South Africa but with limited results. In 1996, GTZ launched a solar cooker field test in South Africa to investigate the social acceptability of solar cookers and to facilitate local production and commercialisation. Impact studies and use rate studies have been carried out by a number of different organisations since the inception of the project and although commercialisation of the technology has not been achieved to its fullest potential, impact studies indicate that solar cookers have a positive

development impact on households through energy and time savings. A variety of factors influence solar cooker use rates, which in turn determines impacts. Some factors are related to the user, some to the environment in which the cooker is used and some to the cooker itself. Ultimately, the data shows that on average, only 17% of solar cooker owners do not use their stoves after purchase and that active solar cooker users utilise their stoves on average for 38% of their cooking incidences. These findings support the conclusion that the majority of solar stove buyers use their stoves and are benefiting from it.

The development impact of solar cookers:

A review of solar cooking impact research in South Africa

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ABSTRACT

Despite criticism that solar cooking is “a solution looking for a problem”, solar cooking does present an interesting solution to the world’s problem of dwindling fuelwood

sources and other environmental problems associated with energy demand for cooking. Experiments with solar cooking started as early as the 1700's in Europe and 1885 in South Africa. Some solar cooking activities took place during the 1970's and 80's in South Africa but with limited results. In 1996, GTZ launched a solar cooker field test in South Africa to investigate the social acceptability of solar cookers and to facilitate local production and commercialisation. Impact studies and use rate studies have been carried out by a number of different organisations since the inception of the project and although commercialisation of the technology has not been achieved to its fullest potential, impact studies indicate that solar cookers have a positive development impact on households through energy and time savings. A variety of factors influence solar cooker use rates, which in turn determines impacts. Some factors are related to the user, some to the environment in which the cooker is used and some to the cooker itself. Ultimately, the data shows that on average, only 17% of solar cooker owners do not use their stoves after purchase and that active solar cooker users utilise their stoves on average for 38% of their cooking incidences. These findings support the conclusion that the majority of solar stove buyers use their stoves and are benefiting from it.

KEY WORDS

Household energy, solar cooking, developing impacts

1. Introduction

Solar cooking has regularly been viewed as a solution looking for a problem, or a technological solution developed without sensitivity to user needs. It has been described

as a solution pushed on consumers who demonstrate their enthusiasm for the devices by keeping them under their beds or using it for storage of clothes and other household items. Although there are many cases where such criticism may be valid, recent attempts to introduce, demonstrate and test solar cookers are moving away from a technological driven approach where a solar cooker is offered to consumers as the ultimate solution to all their cooking needs. Specific reference is made here to the activities of the DME/GTZ solar cooker field test executed in South Africa from 1996. Other initiatives in Niger, Burkina Faso (see for example the work of the Kozon Foundation www.kozon.org) and Nepal (Shrestha *et al*, 2005) as well as the efforts of Solar Cookers International in Africa also display a new awareness of placing consumer needs and priorities ahead of technical consideration and to promote solar cooking as part of an integrated solution to cooking problems. Although results remain mixed, important lessons are emerging from recent efforts:

- solar cookers are no longer presented as a total solution to cooking problems. They are being promoted as an add-on cooking device with specific potential benefits and offering more choice and flexibility to consumers whom are normally forced to use specific fuels or appliance combinations because of affordability and accessibility issues. In other words, consumers are not lead to believe that solar cookers will replace their wood burning stoves, but rather, that there are appropriate opportunities and specific conditions under which solar cookers offer the most benefits. Consumer choice becomes the focus – which stove or cooking device is the best to use under different circumstances;

- in the South African field test, solar cookers were not offered as a stand-alone cooking solution but as part of an integrated cooking package, including a fuel efficient stove and a heat retention device. By offering a modular, package option, consumers could buy the complete package or just the device that they feel may benefit them most. They may then later obtain other devices in the package. Importantly, they are offered choice, they are exposed to a number of workable solutions to achieve fuel savings and they can build confidence in the product range;
- most programmes and projects have realised that designing the perfect solar cooker will not result in massive take-up of the technology. Historically, inventors chased the “perfect cooker”, always assuming that if they can design the best possible piece of equipment, everybody would want it and use it. Instead, increased understanding of consumer needs and desires has led to the conclusion that different types and models of solar cookers should be available to cater for different market segments and that the use of solar cookers depend on far more than the technical performance of the cooker –for example, is it affordable, is it attractive, do consumers aspire to use the product, is it easily obtainable, is maintenance available? This realisation implies that although there is always room for technical improvement, fiddling with designs should stop and investment diverted to cheaper production processes, marketing costs and end-user finance options, to name but a few.

The article aims to summarise the various solar cooking impact studies and research efforts carried out since the inception of the DME/GTZ solar cooker field test in South Africa in 1996. It also reviews the important factors influencing solar cooker use rates and changes in use rates, and it describes the conditions under which solar cooking becomes an interesting option for users and promoters alike. Lastly, the article provides an analysis of the impact of solar cookers on poverty reduction and discusses the findings of the various studies, offering some recommendations to expand the use of solar cookers.

2. Solar cooking history

Cooking with the energy of the sun is not a new or novel idea. According to Halacy and Halacy (1992) the first scientist to experiment with solar cooking was a German physicist named Tschirnhausen (1651 – 1708). He used a large lens to focus the sun's rays and boil water in a clay pot. His experiments were published in 1767 by a Swiss scientist Horace de Sausure who also discovered that wooden "hotboxes" he built produced enough heat to cook fruit. French Scientist Ducurla improved on the hotbox design by adding mirrors to reflect more sunlight and insulating the box. The first book on the subject "Solar Energy and its Industrial Applications" was published by August Mouchot. In 1877 Mouchot designed and built solar cookers for French soldiers in Africa and in 1878 exhibited a solar concentrator at the Paris exhibit. The first recorded solar cooker to be used on South African soil was probably by Sir John Herschel during a scientific expedition to the Cape of Good Hope in 1885. The stove was made out of mahogany,

painted black, buried into sand for better insulation and covered by a double glazing to reduce heat losses (GTZ and DME, 2002, Volume 1).

Increased public interest in solar stoves emerged in the 1950s and 1960s when most of the basic design variants were tried and disseminated. They include the following examples:

- The classic Indian box cooker (fiber reinforced plastic or sheet metal outer casing, aluminum interior casing, double tempered glazing, single glass mirror reflector lid) was developed and tested in many variations, including the use of a light bulb as back-up heat source (GTZ and DME, 2002, Volume 1).
- Maria Telkes invented the “Telkes cooker”- a box cooker featuring an array of four external reflectors (Stanley, 1993).
- Harry Tabor invented a parabolic concentrator using an array of shaving mirrors (GTZ and DME, 2002, Volume 1).

Interest in renewable energy during this period was fuelled by the aftermath of the Second World War with its fuel shortages and rationing, an increased desire to use solar energy “to help people” and as a potential area of investment (Laird, 2005). Independence gained by former colonial states brought a focus on development and the need to address the “underdeveloped” state of these countries. Lastly, the oil crisis of the early 70’s also contributed to efforts to become less dependent on non-renewable sources of energy. Growing fuelwood and other energy shortages, coupled with expanding

populations in China and India, encouraged governmental research on alternatives in the 1970's with China holding its first seminar on solar cooking in 1973 (Knudson, 2004).

- Activities the 1980s and 1990s built on earlier efforts at first. China began distributing subsidized cookers in 1981 (Knudson, 2004). The ULOG group in Switzerland, EG Solar in Germany and Solar Cookers International were all founded during the 80's. The work of Barbara Kerr and Shery Cole resulted in a solar cooker kit that was easy to build by the user and served as foundation for the development of a solar panel cooker by Solar Cookers International, which is still used today (Knudson, 2004).

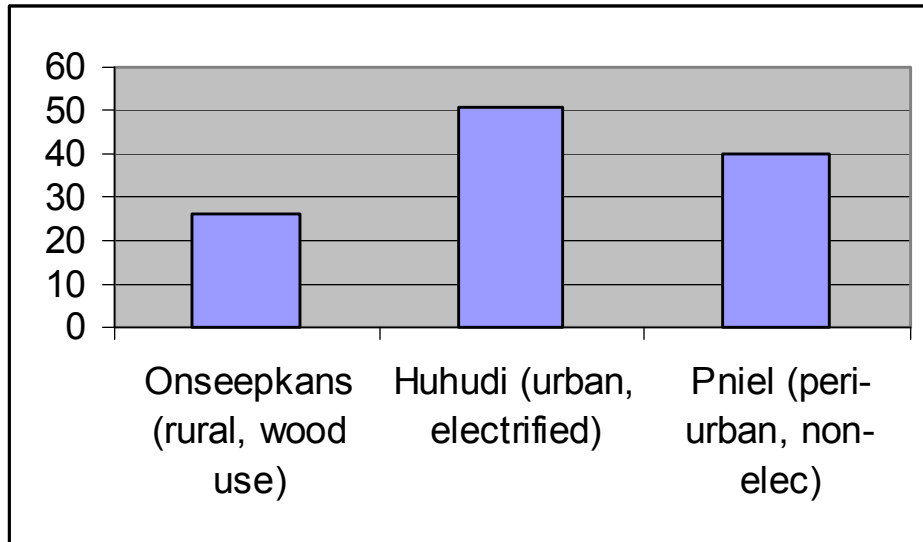
3. Motivation for promotion of solar cookers

Traditionally, solar cookers were seen as a logical solution to the problems associated with fuelwood use. Fuelwood as well as charcoal are ubiquitous fuels in low-income households throughout the world. In the world's energy supply, fuelwood is far more important than nuclear energy (European Committee on Solar Cooker Research, 1995) and more than 3 billion people (GTZ, 1997) use fuelwood to cook worldwide. The picture is not hugely different for South Africa. Domestic consumption of fuelwood in South Africa is estimated at 11 million tons (Mt) or 840 000m³ per annum (Christie and Gandar, 1994). An estimated 13 million people depend on wood as their main source of energy (Deshingar and Cinderby, 1997) and average firewood consumption per person per annum is estimated at 1, 14 ton (Bembridge and Tarlton, 1990). Most of the fuelwood is used for cooking and it is estimated that 95% of the rural population of South

Africa is dependent on fuelwood for cooking (Wentzel, 1996). Traditionally, fuelwood has been regarded as a “free” good harvested from the natural vegetation. Overexploitation of the resource is resulting in denudation, environmental degradation and scarcities for households dependent on the fuel. Wilson and Ramphela (1989) provide a thorough overview of area reports dealing with the difficulties of collecting adequate fuelwood – average walking distances to collect wood was between 5.6 and 9.6 kilometres, headloads weighed on average 30 kilograms and people moved from collecting dead wood to cutting off green branches or felling trees: “*Over the relatively brief span of the past fifty years, 200 of the 250 forests in KwaZulu have disappeared*”. Karakezi *et al* (2004) states that the average woodfuel collection trip in southern Africa is about 6 kilometres while it can be as long as 10 kilometres in Eritrea. On average, households make 2 -3 collection trips per week. The implication of travelling long distances to collect firewood is that women and girl-children mostly responsible for fuelwood collection, have less time to spend on other activities and are exposed to the threat of attack, rape and abduction when travelling far from their homes.

Apart from the clear benefits that can be realised by solar cooker for woodfuel users, increased understanding of household energy use has led to the conclusion that solar cookers can also benefit users of commercial fuels in terms of monetary savings. Tangible, monetary savings served as an important motivator for households to use solar cookers during the DME/GTZ field test and the highest average use rates were recorded in the urban, electrified test area, as illustrated below:

Figure 1: Solar cooker use in three test areas (Source: GTZ and DME, 2002, Volume 2)



Explanations for the specific use rates were (GTZ and DME, 2002, Volume 2).:

- Monthly energy expenditure was the highest in Huhudi, which also had access to electricity. By using solar stoves regularly, tangible savings in terms of monetary expenses on energy as well as specific expenses on electricity could be achieved. This may have motivated households to use their solar stoves.
- Onseepkans is a very poor area where people can not afford to cook for every meal. Therefore, cooking opportunities were less than in the more well-off area of Huhudi.
- A mixture of commercial fuels and collected wood was being used in Pniel, with monetary savings clearly realised. Moreover, Pniel is slightly better off than Onseepkans and households cooked more often and regularly baked bread in the solar stoves.

In summary, apart from addressing woodfuel related problems, solar cookers are also promoted for the following reasons:(Wentzel, 1996):

- Promotion of the use of renewable energy;
- Conservation of scarce energy sources;
- Reduction of a dependence on expensive commercial fuels;
- Realising monetary savings through the reduction of commercial fuel use;
- Fuel savings for poor households;
- Reduction of environmental degradation and desertification;
- General health improvements because of the reduction in indoor air pollution, as well an improvement of the health of women who often suffer during woodfuel collection activity;
- Reduction in the workload of women and children who have to collect wood;
- Improved safety through reduced risk of fires and burns;
- Water can be purified through boiling in a solar cooker.

Despite a long history of the technology and numerous efforts to popularise their use, solar cookers are often regarded as a top-down technological or donor driven solution chasing a problem. The reasons for the failure of early solar cooker programmes are as numerous as the programmes themselves (GTZ and DME, 2002, Vol 2):

- Bulky, heavy devices
- Very low performance
- Expensive

- Cookers were given away or sold below cost
- Low durability, often home made products
- Cookers were not suitable to local cooking habits
- No user training or support

Notwithstanding the popular view that solar cookers are of limited value, a GTZ (1997) study concluded, *“Many advancements have been made in the technical advancement of solar cookers, but unfortunately, very little attention has been paid to the social context, as defined by the needs of the potential users. Unless the technical aspects are accommodated to the people’s needs, the solar cooking technology will never be able to gain any real extent of popularity”*. Elaborating further, although the parabolic solar cooker used in the DME/GTZ field test could reach cooking temperatures in excess of 150 degrees Celsius, some users opted for a smaller, less bulky box cooker which were easier to handle, store and requires less attention for tracking (GTZ and DME, 2002, Volume 2). Efficiency and speed of cooking, although important, are not the only aspects being considered by solar cooker users – available storage space, manoeuvrability, handling and aesthetics proved more important than only the performance of the cooker and these aspects also require attention from stove designers.

4. The GTZ/DME Solar Cooker Field Test in South Africa

The European Committee for Solar Cooker Research (ECSCR) tested a number of solar cookers in 1994 in Almeria, Spain. The purpose of the test was to ascertain the technical performance capabilities of the equipment, independent of any particular user

requirements. The results from the test indicated that a number of efficient models were available, and these were included in the selection for the field test in South Africa. Despite the technical advances in solar cookers, it was noted that some technical features were still in need of close attention/improvement.

On the basis of a baseline study carried out in four potential test areas in South Africa, 3 test areas were selected. This included deep rural (Onseepkans on the Namibian border), rural (Pniel, a village near Barkly-west) and peri-urban (Huhudi, township near Vryburg) areas. A total of 100 families made up the test sample, 70 user families (with cookers) and 30 control families without cookers. The test also included 14 institutions, in all cases education centres and in most cases pre-schools. Seven different cooker types were placed with the user-families in a year-long study. The year-long placement was the first interesting component of the study, which allowed the research team to evaluate the solar cooking habits in detail, and it also allowed for seasonal use to be analysed. Also, it gave user families the opportunity to test 3 solar cooker models twice during the study period, making it a first comparative test of the various solar cooking technologies.

Phase 2 and 3 of the GTZ/DME solar cooker field test focussed on building a business case to prove adequate demand and to facilitate the establishment of a supply industry to meet the potential demand for solar cookers. From a methodology point of view, it should be noted that research during phase 2 and 3 of the field test on solar cooker users were not carried out on a pre-selected sample. Solar stoves were sold independently by distributors and manufacturers of solar cookers. Details of purchasers were obtained and

where possible, these buyers were contacted and interviewed. The various studies on which the paper is based, are listed with their relevant sample sizes in Table 1.

At the end of phase 2, the conclusions were that attempts to establish local manufacture, failed and that solar cooker sales were disappointingly low. It was realised that the incredible difficult task of creating a market for a new product required a different approach and the third and last phase of the programme called on the expertise of business, marketing and distribution experts with the realisation that to commercialise solar cookers, an entire industry needs to be created to service the proven existing demand, as illustrated by Market Research Africa (2003). It should be noted that the conclusion did not question the viability of the technology nor end-user acceptance thereof: it was the inability of the market to deliver products at the right price, place and time that was deemed to be the cause for failure.

Despite the progressive conclusion on the market failure to deliver appropriate solar cookers, funders were still interested in quantifying the benefits of solar cooker use. In order to determine if the use of solar cookers can have a positive development impact and deliver on all the possible benefits associated with it, a number of fundamental questions had to be answered, such as were solar cookers actually used, if they were used, did they have any positive impacts on fuel savings and concomitant environmental benefits and could they be used for income generating activities? The DME/GTZ solar cooker field test and subsequent follow-up studies set out to answer these questions (and many others)

in a conclusive way. The following end-user focussed studies were carried out throughout the course of the project:

Table 1: End-use studies carried out during the GTZ/DME solar cooker programme

Title	Short description	Sample size
End-user acceptance study, phase 1	A year-long acceptance test were carried out in three selected test areas, representing different fuel use patters as well as socio-economic profiles on the basis of a comparative test. User families had the opportunity to use 4 different types of solar cookers for the period of 3 months each to enable comparative analysis.	100 households
Ex-post purchase study	The study was completed 3 years after the initial field test, re-visiting user families from phase 1 who purchased solar cookers after completion of the field test.	43 households

End-user acceptance study, Phase 2	Solar cookers were sold through existing sales channels, and in a limited geographical area (the Northern Cape, North-West and Limpopo provinces of South Africa) to a specific target group, identified as low-to-medium income households experiencing energy shortages for cooking and often dependent on fuelwood as the main cooking energy source.	54 households
Market research survey, 2003, part 1.	Survey to determine the awareness and understanding of solar cooking technology in the low to medium income target group.	200 random interviews
Market research survey, 2003, part 2	A focussed study on owners and users of solar cookers, in possession of their cookers for 4 years and more.	60 households

Two further studies contained some use rate information and were used in the broader analysis:

- A report on solar cooker use in Kenyan refugee camps, prepared by GTZ and UNHCR (GTZ and UNHCR, 2004);
- A report on solar cooker use in Osire refugee camp in Namibia (GTZ, 2005).

5. The development impact of solar cookers

Solar cooking investigations and activities have been ongoing in South Africa since the 1970's. An early pioneer of solar cooking, Willi Suremann manufactured solar cookers based on a model developed by the Canadian Brace Research Institute and in the 1980's the then KwaNdebele Parks Board purchased 12 large and 12 small solar cookers from him (Wentzel, 1997). A solar energy project at the Canadian funded Thaba Tseka rural development programme developed, built, manufactured and disseminated solar ovens in an attempt to meet the need for scarce cooking fuel (Eberhard, 1983). Eberhard (1983) concluded that the lack of successful adoption of the solar cookers by the target population was attributed to the fact that the introduction of the technology was born out of a need as perceived by project personnel rather than a demand expressed by local villagers. During 1991, a version of the Solar Cooker International Cookit was introduced through a series of community workshops in the Free State Province. Apart from the report by Eberhard (1983), limited data exist on the early success and failures of introducing solar cooking into South Africa.

The GTZ/DME solar cooker field test generated significant amounts of data and based on existing data sources some form of evaluation of the potential development impact of solar cookers can be attempted.

6.1 Solar cooker use rates

At least 5 different studies investigated solar cooker use rates since 1996 in South Africa (Palmer Development Group, 1997; Synopsis and Palmer Development Consulting, 2000; Palmer Development Consulting 2002; Market Research Africa, 2003 and Kitzinger, 2004).

In summary, the studies consulted reflected varying solar cooker use rates:

Table 2: Average use rates from consulted studies

Study name and date	Average use rate
Solar Cooker Field Test in South Africa. End-user acceptance. Phase 1, Main Report, Volume 1. (1997)	38%
Long-term household acceptance of solar cookers. Ex-post purchase evaluation (2000)	31%
Internal report prepared for GTZ evaluation mission. Additional inquiries into use rates (2002)	34%
Profile of solar cooker purchaser. First telephone interview (2002)	33%
Overview of solar cooker use rates and durability. Final Report to CEF/EDC.	21%

Latest telephone interview (2004)	
Market Research Africa study for business case (2003)	33%

If the average reported use rates for the various studies are accepted, an average use rate of 31% is indicated. The standard deviation was 5.6%. Therefore, if it is accepted that solar cooker use rates are over-reported rather than under reported, solar cooker use rates can be accepted to be between 31% and 25%. The confidence interval of 95% indicates that it can be 95% sure that use rates are between 37.67% (average plus standard deviation) or 25.67% (average minus standard deviation).

Many factors influence solar cooker use rates and a change in use rates:

External conditions

External conditions influencing use rates are for example, weather conditions (strong wind, rain, cloud cover and general lack of sunshine), limited space to use the stove, moving house resulting in lack of space to use the cooker, lack of storage space and lack of adequate security when cooking is taking place, placing the cooker and the food at risk. The lack of food to cook as well as management strategies using uncooked, prepared food such as bread, tinned fish and eating cold left over food also influences the number of times a solar cooker is used.

Change in interest

Respondents cited the fact that they became too lazy to use the stove, they became bored with it (in line with a novelty purchase), a change in cooking patterns or habits made them stop using the stove and that they found the process too cumbersome. Other cases were found where people had bought a solar cooker but have not started using it because they forgot about it, are unsure how to use it but report that they will try to use it in future.

Stove characteristics

Users cited problems with their solar stoves as an important reason for stopping to use them – the stove is too slow, the break is faulty, there is only one pot, there is no baking tray, etc. The Kenyan study (United Nations High Commission for Refugees, 2004) noted the fact that badly assembled stoves, lost and unavailable spare parts such as wing nuts and reflector blades also hampered acceptance. Most importantly though, is that the stove capacity is inadequate (meals have to be prepared for a large number of people and the pot or pots are too small). The Kenyan study also adequately shows that if a solar cooker cannot be used to prepare traditional staple dishes, use will be limited.

Lack of black cooking pots

The importance of selling the cooker with a black pot has been stressed since the inception of the solar cooker field test in South Africa. The Kenyan study (United Nations High Commission for Refugees, 2004) concluded that it is vital to have a properly painted black pot. A comparative water boiling test was carried out with an aluminium pot painted black vs. an unpainted pot of the same type and it was found that it took an average of 30% longer to boil water using the latter. A number of observations

were made regarding under-performance of the cookers arising from pots from which the paint had been rubbed off, poorly fitting lids supplied by the pot manufacturer and inadequate size of the pots for institutional use. From the Market Research Africa study (2003), 11% of non-users stated the lack of black pots as the reason for not using their solar cooker.

Four of the studies consulted yielded information on the percentage of users who are no longer using their solar stoves. Available data indicated that on average, 17% of purchasers/owners of solar stoves stop using them after about 1.5 years after purchase.

6.2 Savings associated with solar cooker use

To determine solar cooker use rates and resulting energy savings is a notorious difficult task. User behaviour is influenced by a number of aspects, fluctuate over time and quite simply can often not be adequately explained; for example, a solar stove buyer in Huhudi was struggling with her stove payments, had only used the stove about 3 times in 6 months but was completely unwilling to give up the stove and have her money returned since she felt strongly that she will use the stove in future.

Fuel savings

Table 3 provides the results for the corresponding total average (over all users and all fuel types), during the first phase of the solar cooker field test, stating that the overall fuel savings were 38%. During the placement period, test users saved almost 60 tons of wood, more than 2 tons of gas, and over 2000 liters of paraffin (GTZ and DME, 2002).

Table 3: Average savings for all fuels by households

	Savings (%)	Weight
Paraffin	33	0.28
Gas	57	0.16
Wood	36	0.56
Unweighted total average	42	-
Weighted total average	38.4	-

Source: Solar Cooker Field Test, 2002, Volume 2.

Individual fuel savings can also be seen in Table 3 with the highest percentage savings achieved for gas (57%), wood (36%) and paraffin (33%) in descending order.

User studies during phase 2 (Palmer Development Consulting, 2002) indicated that the fuel most saved by households using their solar stoves was electricity, followed by gas and then paraffin. The majority of respondents reported in the sample some form of fuel savings.

Monetary savings

The results for the average monetary savings during the first phase of the field test (Solar Cooker Field Test in South Africa. End-user acceptance. Phase 1, Main Report, Volume 1. (1997) were not homogeneous for the three test areas. Savings were highest in Huhudi, where fuels are mostly bought and the township is electrified, and lowest in Onseepkans, where collected wood is an important fuel source. Pniel with its intermediate fuel mix falls in-between. For details see Table 4.

Table 4: Average monetary savings by households in the three test areas

Indicator	Pniel	Onseepkans	Huhudi
Weighted average all fuel saving (%)	36	40	39
Average monthly fuel expense (ZAR)	46	31	66
Average monthly fuel savings (ZAR)	17	12	26

Source: Solar Cooker Field Test, 2002, Volume 2.

Although monetary savings were highest in the areas using commercial fuels, time-savings can be achieved through the use of solar stoves. Two potential time-savings associated with the introduction of solar cooking are time saving which results from the reduction in wood gathering and potential time savings to be gained in the actual cooking process itself.

The phase 2 end-user report (Palmer Development Consulting, 2002) found that 28 out of 54 respondents reported monetary savings – 52% of the sample. On average, respondents reported monthly savings of R110. It is often difficult for respondents to know exactly how much they are saving and of the 28 respondents reporting savings, 7 could not quantify the savings. During the first phase of the Solar Cooker Field Test (Palmer Development Group, 1997) savings were reported between R20 and R100 with an average monthly saving of R45. The higher savings of R110 were achieved because of respondents using more commercial fuels than the sample saving only R45 – they relied on wood fuel that is collected and not bought.

The ex-post purchase study (Synopsis and Palmer Development Consulting, 2000) did not investigate savings specifically, but when asked why respondents had bought a solar cooker (independent of the model); the most cited reasons were monetary savings in fuel expenses and convenience (time savings, unattended cooking and having an additional “fuel” source):

Table 5: Reasons for solar cooker acquisition

Reason	Entries
Savings	44
Convenience	29
Other	13

Source: Synopsis and Palmer Development Consulting, 2000.

The investigation conducted by Market Research Africa (2003) also did not record specific savings (energy, monetary or time) although it was reported that users were motivated by cost savings/energy to cost purchase their solar cookers. Free energy, cost savings and no fuel costs were the most important perceived advantages of solar cookers.

In summary, from the studies containing reports on savings, the majority of solar stove owners reported savings, while the average reported monthly savings between the three studies was R68. It is often difficult for users to estimate savings achieved through the use of a solar cooker since savings depend on a wide variety of issues such as fuel use, frequency of cooking and type of food cooked.

Although monetary savings of R68 (approximately \$11) may not seem significant, viewed against the background of low-household income and poverty, savings are highly valued by users earning an average monthly income of R600 or about \$100 per month.

Time savings

Since it is mainly women who do the cooking in the household, it is mainly their time that is being saved by using a solar cooker. There are two potential time saving elements associated with the use of a solar cooker:

- Time savings which results from the reduction in wood gathering;
- Potential time-savings in the actual cooking process.

Although most solar stoves cook slower than other stoves, they require very little attention once the food is in the stove. Freed from the time-consuming tasks of cooking and wood collection, women may concentrate more on childcare and domestic activities, training and educational programmes, social networking (an important rural livelihood strategy), as well as leisure (Palmer Development Group, 1997). Where children are the main wood gatherers, time saved can be spent on schoolwork or play.

During the first phase of the programme, time saved from reduced wood collection because of solar cookers was calculated as 36% of the normal woodfuel collection time as recorded in the baseline study (Solar Cooker Field Test in South Africa. End-user acceptance. Phase 1, Main Report, Volume 1).

During the first telephone interviews (PDC, 2002), saving time by using a solar cooker was reported by 44% of the respondents. On average, respondents reported saving between 18 and 26 hours per month by using a solar stove. Time saved is influenced by a variety of factors such as the type of fuel being used, the length of time they would normally cook on their stove or open fire (which also depends on the type of food cooked) and how many meals are cooked per month.

Impacts on poverty reduction

The economic benefits associated with time-savings can be significant if the time is spent on productive, income generating activities. Since it is primarily women who are involved in cooking and woodfuel collection, the potential for economic benefits depends on the opportunities available for increasing earnings and output. The impact of solar stoves on the household economy is dependent on the organisation of the household economy and the extent to which the household is linked to the wider economic network. In 2 of the original test areas (Pniel and Onseepkans), solar cookers became a valuable resource for social networks, as information on solar cookers and the preparation of food was exchanged. Savings achieved through the use of the solar stoves were invested in more food, which were shared amongst the organised cooking groups. These cooking groups increased food security as well as variety in the daily diet. Other economic benefits can be summarised as:

- Money saved was given to schools;
- Increased contributions to churches was recorded;

- Other organisations such as women's groups, savings clubs and clinics benefited from household savings;
- In Onseepkans, time saved became increased labour time for subsistence agriculture;
- In Pniel, increased time and increased savings was spent on transport to enable greater access to centres seeking job opportunities;
- In Huhudi, hawkers saved money to buy fuel and food to sell.

Phase 2 (PDC, 2002) confirmed the potential development impacts of phase 1 (End-user acceptance study, 1997). Respondents reported that time savings were utilised in some productive activities while monetary savings were used for school fees, improved food stuffs such as vegetables and meat. De Lange and Wentzel (2002) noted that solar stoves improve household energy provision, which in turn can reduce poverty and improve quality of life. Solar stoves were found to improve household energy provision in the following ways:

- In poorer households where a larger percentage of monthly income is spent on fuels, more money is available for buying other fuels, thereby enlarging the fuel mix available for the household;
- Besides enlarging the fuel mix, solar stoves also increase energy security. Once the household owns a solar stove, they will always be able to cook (as long as the sun is shining);
- Money saved, which would have been spent on energy, is now available for other things;

- By cooking with a solar stove, fossil fuels or electricity are available for other activities or energy end-uses. For example, instead of using paraffin for cooking, it can be used for lighting;
- Foods that require a long cooking time use a lot of fuel, so they are ideally suited for solar cooking (e.g. maize porridge, soup, beans, samp and baking bread).

Income generation potential of solar cookers

During the course of the DME/GTZ solar cooker field test, attempts were made to determine if solar cookers can have an income generating function. However, since income generation was never a primary focus of the programme, activities were never undertaken on a large scale and the recorded evidence of solar cookers used for income generation is therefore scant. The first example was during the year-long field test when one of the large solar cookers was placed with Mrs Sebola, a tavern/shebeen owner in Huhudi (Palmer Development Group, 1997). She used the cooker to prepare meals, which she sold in her shebeen, the main business of which was selling beer. As a businesswoman she immediately realised that she was saving money with the use of her solar cooker and she was the only person in the field test to opt to spend R1000 to buy the cooker at the end of the test period.

During the second phase of the programme, an agreement was reached with the Taxi Association in Rustenburg whereby a number of street hawkers/vendors who sell food at taxi ranks tested the use of solar cookers in their businesses. In total 3 hawkers participated but the solar cookers were found to be of limited use to them in their food

selling business (GTZ, 2001). Despite the fact that the hawkers immediately understood the energy savings associated with the use of a solar cooker, the following factors made it difficult to fully incorporate the use of a solar cooker in their daily selling activities:

- Solar cookers were not suited to the type of foods that the hawkers prepared, for example fried sausages and deep-fried vetkoek, because solar cookers can not reach temperatures high enough to deep fry food;
- Hawkers require a high turn over of food to supply their customers and the solar cookers were experienced as too slow to supply the dishes in the required time;
- The capacity of the solar cookers were found to be too small and that fact that a solar cooker can only use one pot at a time (especially the fast parabolic cooker) made it difficult for hawkers to prepare the volume of food required;
- Solar cookers are bulky devices and not easily transported via taxi, the mode of transport that the hawkers have to rely on;
- The solar cookers could not be left at the taxi rank since there was no storage space available that the hawker could use.

At the end of the study, the hawkers agreed that although the idea of solar cookers were good, they were not really appropriate for their businesses and the field test concluded that solar cookers have a limited potential to be used by street vendors for income generation purposes. Outside the field test, limited activities have explored the potential of using solar cookers for income generation purposes. One example is a solar powered bakery established in the Eastern Cape by Sun Ovens International. A village size Sun

Oven with LPG back-up was installed to employ HIV positive women to bake bread (SCI, 2004). The project was reported to be functioning well, although no further information was published.

7. Conditions promoting the use of solar cookers

Studies have indicated a number of conditions conducive to solar cooker use. Three main categories of conditions have been identified to enable and description:

External or environmental conditions

Solar cookers have generally been promoted in areas where fuelwood shortages are experienced such as rural areas and refugee camps. However, results from the GTZ/DME field test indicated highest user rates in an electrified area and subsequent sales were mostly to electricity users. Although fuelwood shortages are important to promote the use of solar cookers, the cost and scarcity of commercial fuels can also convince users to take up the technology. External conditions which can promote the use of solar cooking are therefore, the general lack of adequate energy sources and a desire to achieve savings (time or monetary) by end-users.

At the household level, certain external factors can promote the uptake or refusal of solar cookers:

- Adequate storage space for the solar cooker: Users viewed solar cookers as investments and were reluctant to store cookers outside. The lack of safe and protected storage space influenced Phase 1 users to opt for smaller cookers which

could be easily stored while schools without adequate storage decided not to purchase a cooker at all;

- Yard space and availability of a sunny place for cooking: In some urban areas houses are very close to each other and yards may not have adequate sunshine due to tall trees and vegetation or shadows from neighbouring buildings. Information brochures during the field test recommended users to make sure that there is an outside spot where the cooker will be in the sun for 3 hours at a time;
- While security issues (theft of cookers or food from cookers) are often mentioned as potential deterrents, security issues were not noted to be problematic during the field test. Having someone at home while using the cooker was mentioned as an advantage, but this was not because of fear of theft, but to enable orientation of the cooker. Although security issues may be problematic in different societies, it was not experienced as a problem in the South African case.

User conditions

Important aspects concerned with the user of a solar cooker were identified:

- There must be adequate motivation to use the cookers. Potential savings were the most important motivation mentioned by users to purchase and use their solar cookers while an element of curiosity was also found to be conducive to encourage the purchase of a solar cooker. Male buyers reported curiosity as the most important motivational aspect while women reported potential savings (Palmer Development Consulting, 2002).

- Successful solar cooking requires a basic a form of training and being exposed to a solar cooking demonstration was rated highly by users to ensure cooking success and therefore on-going use. A variety of instruments were used to inform users how to use their solar cookers successfully, for example, pamphlets, user instructions, brochures and recipe books were distributed with the cookers (GTZ and DME, 2002) while approximately 500 wet demonstrations were carried out throughout the implementation period (GTZ and DME, 2002).
- Using solar cookers requires adaptation mostly in terms of kitchen management. Planning ahead and preparing food becomes important – you can not decide to solar cook a chicken stew one hour before mealtime. Once solar cookers are integrated in the process of kitchen management and cooking, users chose to use them regularly as indicated by Phase 1 user levels.

Technical conditions of solar cookers

Although it may seem superfluous, it is important to note that for solar cookers to be used successfully, the cooker must be functional, efficient, durable, attractive and user friendly. Too often, solar cookers look as if they were assembled in a back yard by an unskilled labourer. Even poor consumers demand high quality products and rightly so – they have to spend scarce and hard earned money on an unknown product and the purchase therefore represents some risk to them. Solar cookers need to move beyond the image of an appropriate technology product, towards a highly desirable product. Attention therefore, needs to be paid to product design, finish, packaging and marketing.

8. Conclusions and recommendations

Strong evidence emerged from all the studies that the users of solar cookers experience savings. It should be noted that the average saving of R68 found may be under reported as it is often difficult for users to estimate savings achieved through the use of a solar cooker since savings depend on a wide variety of issues such as fuel use, frequency of cooking and type of food cooked. Evidence from recorded fuel, monetary and time-savings as well as the noted development impacts, especially for women therefore, indicate that the use of solar cookers does have positive development impacts at the household level.

Recommendations to expand the use of solar cookers are as follows:

- Promote solar cookers as an additional cooking option and not as a replacement of conventional cooking fuels and appliances;
- Solar cookers should be sold or promoted as part of an integrated package to address household cooking problems. The package should consist of a fuel efficient stove, a heat retention device and a solar cooker;
- Solar cookers should be well made products, comparable to other household cooking appliances. The product must instil confidence in the user and be well made, finished and packaged;
- Users must be well supported with information as well as technical back-up in the form of product guarantees. Demonstrations are key to solar cooker sales, since most people do not believe that a solar cooker can actually cook. Guarantees

provide user confidence in the product and makes the technology more trust worthy;

- Solar cookers should be widely available in shops and outlets where households normally purchase cooking appliances. Transport and distribution of solar cookers proved to be one of the most difficult challenges during the field test and limited availability of cookers impacted negative on sales;
- End-user finance mechanisms through normal credit channels or tailor-made micro-finance options are essential to enable very poor households to purchase solar cookers. Without access to credit, solar cookers will not reach the poorest segments of the market, and the households that need them most.

The potential positive environmental impact of solar cookers has not been adequately researched. Since solar cookers replace a variety of fuels, calculating CO₂ and other savings resulting from their use is a complex task. Further research is required to develop an acceptable methodology to gauge solar cooker use rates without costly, longitudinal monitoring studies.

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